

Survey of Student Interest in Volleyball Bottom Passing Learning at The Junior High School Level of North Musi Rawas Regency

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Abstract: Conventional learning and student-centered learning tend to affect students' interest in learning, especially in physical education learning material passing down techniques. This research is qualitative descriptive research with a type of survey research. The population of this study was 80 students. The sample of this study used a random sampling technique so the number of samples in this study was 40 people. Respondents in this study as many as 40 students, the conclusion of this study is that more interactive and fun learning through games for the level of effectiveness of learning basic passing techniques under basketball is in the good category. The purpose of this study aims to determine the level of student interest in learning basic passing techniques under volleyball at the junior high school level of North Musi Rawas Regency.

Keywords: Learning Basic Techniques of Bottom Passing, Student Interests, Volleyball

A. Introduction

Physical education is a complex and interesting subject. For many students, physical education subjects are eagerly awaited while in school. Physical education can be carried out not only as a fun activity but also can educate and be able to train the child's body. Physical education learning can develop children's physical, promotor, cognitive, and affective students. Physical education subjects can shape students to be proficient in life, including personal, social, academic, and vocational skills (Yudiana, 2015).

Physical education students will be able to develop and control themselves in doing positive things, as well as working with the environment, liking sports activities, and obtaining various expressions that are closely related to pleasant personal impressions and various expressions that are creative, innovative, skilled, have physical fitness and healthy life habits (Baidawi, 2019).

Infrastructure also affects the results of physical education learning because if the facilities and infrastructure do not support eating, physical education learning cannot run effectively. Therefore, a teacher is required to think creatively and innovatively in

planning an interesting learning process so that students feel happy when participating in physical education learning at school (Putra et al., 2020). This is also reinforced by (Gandasari, 2019) which states that physical education, sports, and health (*penjasorkes*) are an important part of the curriculum.

One of the most popular materials in physical education subjects at school is volleyball games. Volleyball is a fun sport that can be played anywhere with any number of players, players can give great individual performances but the player is part of the team. Based on this, this sport is very suitable when applied in schools because volleyball sports contain elements that are in accordance with the learning objectives of physical education at school.

In an effort to achieve good learning outcomes in the game of volleyball, and especially in learning basic volleyball techniques, educators must find effective ways to teach basic volleyball techniques so that learning outcomes in volleyball games can be successful, namely by presenting the form of learning good and correct motion skills so that they can encourage students to understand, understand and be able to do so (Makadada et al., 2019). According to (Ahmadi, 2007) volleyball is a complex game that is not easy for everyone to do, because in the game of volleyball requires coordination of movements that can really be relied on to do all the movements in the game of volleyball.

Based on the above, there is one of the basic techniques that most students must master in junior high school, namely the lower passing technique. *Bottom* passing is passing done with two hooked hands, with swings and hits from under the arm, hitting the ball on the proximal part of the wrist with the widest possible field so that the ball does not make much rotation. Doing a good passing technique is very important to produce points, because ineffective passing will result in defeat for a volleyball team (Saputra & Gusniar, 2019). One of the skills in the game of volleyball is passing skills (Barth & Heuchert, 2007). This is corroborated by passing in the game of volleyball is the term for how to play the first ball after the ball is in play due to the opponent's attack, opponent's serve, or net play (cover spike and cover block) (Musthofa et al., 2016).

Conventional learning tendencies greatly affect bottom passing learning, thus weakening students' enthusiasm in learning. Student interest is the most important thing in order to increase the desire and willingness that can develop because of the motivation drive from oneself. Therefore, to start an activity must arise or grow interest from within a person and is also based on a sense of responsibility and motivation in order to realize maximum results. Based on this, it is necessary to know the interest of junior high school level students when conducting physical education learning lower passing material in North Musi Rawas Regency.

B. Methods

This study used a qualitative descriptive method of physical education learning interest survey material basic passing techniques below using questionnaire questionnaires. This study will describe and explain the survey of interest in learning volleyball bottom passing techniques. Therefore, this study aims to determine students' interest in learning volleyball bottom passing techniques at the junior high school level in Musi Rawas Utara District. The sample used in the study amounted to 40 students. For sampling techniques used random sampling techniques.

C. Results and Discussion

Student learning readiness is largely determined by the teacher's learning design. The design made in addition to being well-arranged and systematic must also vary. These learning success indicators are not enough to be achieved by the volleyball game itself. They also require teacher intelligence in applying various approaches, teaching styles, appropriate teaching methods, and the carrying capacity of adequate learning facilities and infrastructure. Given the importance of adjusting physical education learning, especially volleyball learning to student characteristics, learning equipment, learning resources, and *game-centered methods*.

Student interest in learning can arise with varied and fun learning. Learning basic volleyball bottom passing techniques with learning stages starts from easy, medium, and difficult movements and is in accordance with the characteristics of junior high school students' growth and development. One approach that is widely used by physical education teachers today is a student-centered approach through games. The game approach is one of the efforts that can be done by physical education teachers so that the physical education learning process can reflect DAP (*Developmentally Appropriate Practice*), practice in accordance with the development stage which means that the teaching assignments delivered must pay attention to changes in children's abilities or conditions and can help encourage these changes (Hambali, 2018). The student-centered approach has many types, in physical education learning is also known as game centered. Students actively learn certain movements by the game method.

D. Conclusion

Based on the results of research and discussion in the description, it can be concluded that there is an interest in basic passing techniques under the volleyball game at the junior high school level of North Musi Rawas Regency so that with the learning of lower passing students can learn volleyball bottom passing techniques more fun and interactive.

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