

Analysis of Student's Interests in Physical Education Learning Materials Shooting Football through Games

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Abstract: The purpose of this study was to determine students' interest in learning physical education in shooting soccer material through games. This research was conducted on fifth grade students at SD Negeri 162 Palembang. Data collection techniques were carried out by means of observation, documentation studies, interviews, and tests. Data analysis techniques were carried out qualitatively and quantitatively. Based on the results of the development it can be concluded: (1) it can be reversion corner teachers; (2) learning has several types of games shooting; (3) this learning will increase children's interest in taking corner lessons; (4) contribution to the science of education, especially in the field of sports; and (5) make learning more creative and interesting.

Keywords: Physical Education, Shooting Football, Student's Interests

A. Introduction

Sport is an activity that is much loved by all levels of society today. Sports are mostly done to channel a hobby, maintain a healthy body, rehabilitation, and as an achievement. One of the most popular sports today is football. Football is a very popular sport in society (Saputra & Agus, 2021).

The development of science and technology and the rapid changes in society require educators to always keep abreast of new developments in their fields of expertise. Thus, the tasks of educators are increasingly complex and challenging so that educators are always required to improve their abilities both individually and in groups. The main task of educators is to guide and assist students in learning to create activities that can grow and increase students' interest in learning. Interest means a high tendency and enthusiasm or a great desire for something. Interest affects the quality of achievement of student learning outcomes in learning (Simbolon, 2014).

The definition of interest is a preference, a sense of interest (Slameto, 2010), attention (Lin & Huang, 2016), focus, persistence, effort, knowledge, skill (Ainley, et al., 2002), motivation (Krapp, 2002), behavior regulator (Wang & Adesope, 2016), and the

result of a person's interaction or individuals with specific content or activities (Schiefele, 2001). Interest has a positive influence on academic learning, knowledge domains and certain fields of study for individuals (Hidi, 2006). Hidi (2006) believe that interest influences three important aspects of one's knowledge, namely attention, goals and level of learning (Wang & Adesope, 2016). Unlike motivation as a driving factor for knowledge, interest is not only a driving factor for knowledge but also a driving factor for attitudes (Hidi, 2006). Furthermore, the notion of interest in learning is an attitude of obedience to learning activities, both regarding planning study schedules and initiatives to do the business seriously (Nurhasanah & Sobandi, 2016).

According to Slameto (2010) in learning books and the factors that influence them, it states that: "Interest is a preference for and a sense of attachment to something or activity, without anyone telling you to". Interest is acceptance of a relationship between oneself and something outside oneself, which can be a person, an object, a situation, an activity and so on. This interest can grow bigger if the relationship gets stronger and closer (Siagian, 2015).

Slameto (2010) said interest in learning can be measured through 4 indicators, namely interest in learning, attention to learning, motivation. Interest in learning is defined as someone who is interested in a lesson, he will have a feeling of interest in that lesson. He will study diligently and continue to understand all the knowledge related to that field, he will follow the lessons enthusiastically and without any burden on him. Attention is the concentration or activity of one's soul towards observation, understanding or something else to the exclusion of other things than that. So, students will have attention in learning, if their souls and minds are focused on what they are learning. Motivation is a conscious effort or driving force to carry out learning actions and manifest directed behavior for the achievement of the expected goals in learning interaction situations. Knowledge means that if someone is interested in a lesson, he will have extensive knowledge about the lesson and how it benefits learning in everyday life (Nurhasanah & Sobandi, 2016).

Student interest plays a very important role in the development of student learning. Students who are interested in a program of study, will try harder than students who do not have an interest in learning. This affects the learning outcomes of the material being studied. Physical education is basically education through physical activity to achieve overall individual development. Physical education is basically an integral part of the education system as a whole, aiming to develop aspects of health, physical fitness, critical thinking skills, emotional stability, social skills, reasoning and moral action through physical and sports activities (Wicaksono, 2019).

Physical education is part of the integration of overall education that aims to improve individuals organically, muscularly, intellectually and emotionally through physical activity. Physical education is a process through physical activity designed to improve physical fitness, develop motor skills, knowledge and healthy and active lifestyle, sportsmanship, and emotional intelligence. The learning environment is carefully regulated to enhance the growth and development of all domains, namely physical, psychomotor, cognitive and affective, therefore this physical education must lead to improvements in the mind (psychic) and body (physical) that affect all aspects of one's daily life. This body-spirit holistic approach includes an emphasis on the three educational domains: psychomotor, cognitive, and affective. Physical education is expected to be able to create a good body for the mind or soul (Wicaksono, 2019).

Football is a dynamic sport, in addition to requiring excellent physical needs to play 2 x 45 minutes, a player must have skill good basic techniques and have been learned at an early age. In soccer, there are several basic techniques that soccer players must learn at the start of soccer practice. These techniques must be mastered first to make it easier for the players to play soccer (Wahyudi, 2020).

Football is a sport that is very popular with the public. Football is very easy for anyone to play and the infrastructure for doing this sport is easy to find (Khinta, 2020). This sport has recently been very endemic among Indonesian people, both from the elderly, young to children who are fond of this sport not only among students, but the sport of football affects students, one of which is high school students. High school students are very happy in learning football because with multi-purpose field facilities and balls they can apply the game of football (Panggabean et al., 2021).

Rustendi said shooting is a movement where the normal body position is relaxed with one foot in front of the other leg, when it is about to be applied to the ball, immediately open your hands wide and also the other arm is behind you in an extended state. Knees, legs slightly bent, arms are always straight. When the ball is directed before it hits the hand and the ball first changes the attitude of the body, namely squatting a little from its original position.

Media games will create an atmosphere of learning while playing. Direct student involvement in the learning process will be obtained through games. Most commonly used to try to engage students fully in learning, is the use of a game or simulation. The most used so that students are fully involved in the learning process is using games or simulations (Setiawati et al., 2019).

The above opinion suggests that interest is one of the important factors in the learning process, therefore the teacher needs to increase students' interest in learning. Teachers can carry out fun learning techniques.

B. Methods

The research model uses conceptual, which is a model that is built based on the concept of learning to play. The research procedure carried out follows the following research steps: (1) conducting a needs analysis; (2) product development and expert testing; and (3) small and large group tests. In detail, research and development procedures are carried out as follows following: (1) conducting a needs analysis to produce information; (2) make the initial product; (3) the product is evaluated by experts (learning experts and athletic experts); (4) initial product revision; (5) small group trials; (6) large group trials; (7) the revision of the final product is carried out after the group trials are carried out.

The research was conducted on fifth grade students of SD Negeri 162 Palembang. The data collection techniques used in this study included: (1) observation of PJOK learning at SDN 162 Palembang (2) interviews with PJOK teachers and (3) distribution of needs analysis questionnaires; (4) suggestions from experts (learning experts and soccer experts). The data obtained from this research and development are in the form of qualitative and quantitative data.

C. Results and Discussion

The results of filling out the small group trial questionnaire can be obtained, namely 85.27%. These figures indicate that small group trials can be used and progress to large group trials. In the large group trial, a value of 93.66% was obtained indicating that physical education learning was material shooting Football through games can be used by teachers and students in learning Sports and Health Physical Education.

Based on the results of the data analysis obtained from the questionnaire which was distributed to students learning physical education material shooting football through game. Proven to be learning that can make games interesting and fun for students and make teaching materials and relevant for teachers, from the answers from students most students want learning that is not boring which prioritizes games as a method in learning physical education.

Overall, the researchers concluded that physical education learning material shooting soccer through learning games will be more varied with movements such as playing while learning, it will be able to improve the movement of basic shooting techniques. Basic motion is not enough just to be applied with actual learning, but it

is better to be given an interesting and effective game model. To increase student interest.

D. Conclusion

Shooting Football through games is very effective for increasing student interest and enthusiasm for learning (5) student interest is very high in the material shooting through the game. Based on the study it can be concluded that physical education materials shoot through games: (1) valid for fifth grade students of Palembang 162 public Elementary School; (2) young students used class V Elementary School 162 Palembang and (3) physical education learning material.

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