

Students' Interest in Participating the Extracurricular Public High School Basketball in Ilir Barat 1 District

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Abstract: This study was to determine students' interest in extracurricular activities of public high school basketball in Ilir Barat 1 sub-district. This research is qualitative descriptive research. This study uses a qualitative approach to obtain information about interest in participating in extracurricular basketball in students of SMA Negeri 1 Palembang, SMA Negeri 10 Palembang, and SMA Negeri 2 Palembang. This study uses a type of descriptive research, which is research that seeks to describe or explain the survey of extracurricular interest in basketball in students. The research was carried out using an instrument in the form of questionnaires of student interest in extracurricular basketball. The overall data that have been researched related to students' interest in extracurricular basketball fit into the strong criteria. For the overall percentage at SMA Negeri 1 Palembang which is 75.84%, for the overall percentage at SMA Negeri 10 Palembang which is 63.20%, for the overall percentage at SMA Negeri 2 Palembang which is 69.12%. From the results of the data analysis, it was concluded that the strongest interest in participating in extracurricular basketball was SMA Negeri 1 Palembang, followed by SMA Negeri 2 Palembang, and finally SMA Negeri 10 Palembang. For the total overall results, students' interest in participating in extracurricular public high school basketball in Ilir Barat 1 sub-district is 69.27% or can be categorized as strong interest.

Keywords: Basketball, Extracurricular, Interest

A. Introduction

Sport is an activity that has a specific purpose, as well as training the body for physical and spiritual health. So that regular exercise can have benefits for maintaining a healthy body. Because metabolism in the body can run smoothly. That way, the absorption and distribution of nutrients can work effectively and efficiently. Exercise in general is a form of planned and structured physical activity, which involves repetitive body movements in order to get good results. With the aim of improving the physical and spiritual fitness of each human being. Sports can also be done by adults, children, to the elderly while he is able. Sports have also become a part of life in some urban and rural communities.

Sport is a body movement activity, starting from the upper and lower limbs. It is said that activity has a goal in the end, namely an increased quality of life so as to make the body healthy and fit (Petajan et al., 1996). Extracurricular activities are activities carried out outside school hours that function to accommodate and develop students' potential, interests, and talents (Rujakat, et. al., 2021). So, with extracurriculars, especially basketball at school, students can channel their interests and develop their potential according to what they want.

Interest according to Slameto, (2015) is a sense of preference and a sense of attachment to something or activity, without anyone telling it. Interest is basically the acceptance of a relationship between oneself and something outside oneself. The stronger or closer the relationship, the greater the interest. In this case, for high school students, of course, interest must have been obtained and have been increasingly focused on one thing they want. If students do not have an interest or their interest still feels indecisive until high school, there are several factors that can cause it. It can be factors from within oneself, as well as factors from outside oneself. In this case, researchers conducted research on how students' interests are mainly in extracurricular high school basketball in Ilir Barat 1 sub-district consisting of SMA Negeri 1 Palembang, SMA Negeri 10 Palembang, and SMA Negeri 2 Palembang. For extracurricular basketball activities at SMA Negeri 1, SMA Negeri 2, and SMA Negeri 10 Palembang are both carried out after finishing school activities. For SMA Negeri 1, it is on Tuesday, and Saturday. If there is another match schedule, the training is expanded to every day a week before the match day starts. For SMA Negeri 10 Palembang, the extracurricular basketball activities are Tuesday and Wednesday. If it's a match season, it depends on the coach again when the training schedule is determined. For SMA Negeri 2 Palembang, the extracurricular basketball activities are Monday and Thursday.

From what researchers got, so far SMA Negeri 1 is the most famous of other public schools in Ilir Barat 1 sub-district with basketball achievements obtained. SMA Negeri 1 won fantastic four in the Honda DBL Palembang championship, 2nd place in the 3x3 wise tournament, and 3rd place in the Jasdam cup. This school has a special basketball coach outside of the school teachers to support the basketball achievement. In addition, the facilities and infrastructure in the school are also good and complete. These factors influence students' interest in participating in extracurricular basketball. Unlike the case with SMA Negeri 10 and SMA Negeri 2 which according to researchers are sufficient or arguably lacking in these factors.

In these two schools, researchers saw some things that were lacking, ranging from their achievements in basketball such as SMA Negeri 10 and SMA Negeri 2 who participated in the Honda DBL championship but did not get a champion, participated in the Jasdam cup but did not get a champion as well, the court was

poorly maintained, facilities that were lacking or just enough to carry out extracurricular basketball. This is what causes students' interest in schools, especially in SMA Negeri 2 and SMA Negeri 10, to be less towards extracurricular basketball. From the description above, researchers are interested in conducting research according to the title to find out how student interest and what are the factors that can affect student interest in participating in basketball extracurriculars.

B. Methods

According to Sugiyono (2015) basically scientific ways to obtain data with specific purposes and uses. This research is quantitative using survey methods and collecting information or data using questionnaires. Research Informants, according to Sugiyono, (2015) sampling technique data sources with certain considerations. This particular consideration, for example the person who is considered to know best about what we expect, or maybe he as a ruler so that it will make it easier for researchers to explore the object/check the social situation studied.

Of the 3 schools that the researchers chose, each had 1 coach, and for the athletes the researchers sampled were as many as 10 male students in each school. So, for a total there are 3 trainers and 30 public high school students in Ilir Barat 1 sub-district. The instrument used in this study was in the form of questionnaires. A questionnaire is a number of written questions used to obtain information from a respondent in the sense of a report about his person or things he knows. The questionnaire in this study includes intrinsic factors and extrinsic factors which are useful to find out how much interest high school students in Ilir Barat 1 sub-district of Palembang City have in extracurricular basketball. This research is qualitative descriptive research, using descriptive analysis or descriptive statistics. According to Sugiyono, (2015) that descriptive statistics are statistics used to analyze data by describing or describing the data that has been collected as it is without the intention of making generalized conclusions or generalizations. The data uses the percentage formula as follows:

$p = \frac{F}{n} \times 100\%$ (Sudijono, 2016).

F = The frequency the percentage is being searched for

n = Number of Case

p = Presentation figures

For the total data of overall interest in each high school, namely SMA Negeri 1 Palembang, SMA Negeri 10 Palembang, and SMA Negeri 2 Palembang is different. From SMA Negeri 1 Palembang, the overall percentage of interest from 10 respondents was 50 question items, namely 75.84%, For SMA Negeri 10 Palembang obtained data on the overall percentage of interest from 10 respondents as many as 50 question items, which is 63.20%, and for SMA Negeri 2 Palembang obtained data on

the overall percentage of interest from 10 respondents as many as 50 question items, which is 69.12% which if categorized, the 3 schools have strong interest.

C. Results and Discussion

Intrinsic and Extrinsic Interest Data of SMA Negeri 1 Palembang

Of the total obtained by SMA Negeri 1 Palembang with a percentage of 75.84%, the value of each sub-variable of intrinsic and extrinsic interest, namely the intrinsic sub-variable (attention) obtained for item number 1 obtained a percentage of 98%, For item number 2 question a percentage of 76% is obtained, for item number 3 a percentage of 36% is obtained, for item number 4 a percentage of 94% is obtained, for item number question 5 a percentage of 92%.

The intrinsic sub-variable (sense of pleasure) (Morris & Krieger, 2020) was obtained for item number question 6 obtained a percentage of 98%, for item number question 7 a percentage of 96% was obtained, for item number question 8 a percentage of 38%, for the intrinsic sub-variable (health) was obtained for item number 16 a percentage of 88%, for item number 17 a percentage of 94% was obtained, for item number 18 a percentage of 88% was obtained, for item number 19 a percentage of 34% was obtained, for item number 20 a percentage was obtained number question 9 a percentage of 96%, for item number question 10 a percentage of 96% was obtained. Intrinsic (physical) sub-variables were obtained for item number 11 a percentage of 90%, for item number 12 a percentage of 92%, for item number 13 a percentage of 86%, for item number 14 a percentage of 42%, for item number 15 a percentage of 68% (Lyu and Gill, 2011).

The intrinsic sub-variable (health) was obtained for item number 16 a percentage of 88%, for item number 17 a percentage of 94%, for item number 18 a percentage of 88%, for item number 19 a percentage of 34%, for item number 20 a percentage of 90%. The intrinsic sub-variable (talent) was obtained for item number 21 a percentage of 68%, for item number 22 a percentage of 72%, for item number 23 a percentage of 38%, for item number 24 a percentage of 78%, for item number 25 a percentage of 86%.

Extrinsic sub-variables (teacher/trainer) (Kassahun, 2017) were obtained for item number 26 question number obtained a percentage of 80%, for item number 27 a percentage of 84%, for item number 28 a percentage of 84%, for item number 29 a percentage of 88%, for item number 30 a percentage of 44%. Extrinsic sub-variables (facilities) were obtained for item number 31 a percentage of 88%, for item number 32 a percentage of 82%, for item number 33 a percentage of 82%, for item number 34 a percentage of 60%, for item number 35 a percentage of 88%. Extrinsic sub-variables (mass media) were obtained for item number 36 a percentage of 84%, for item number

37 a percentage of 74%, for item number 38 a percentage of 90%, for item number 39 a percentage of 38% was obtained, for item number 40 a percentage of 82% was obtained.

Extrinsic sub-variables (community) were obtained for item number 41 a percentage of 88%, for item number 42 a percentage of 78%, for item number 43 a percentage of 88%, for item number 44 a percentage of 82%, for item number 45 a percentage of 80%. Extrinsic sub-variables (family) were obtained for item number 46 question number obtained a percentage of 46%, for item number 47 a percentage of 82%, for item number 48 a percentage of 56%, for item number 49 a percentage of 46% was obtained, for item number 50 a percentage of 66% was obtained.

Intrinsic and Extrinsic Interest Data of SMA Negeri 10 Palembang

Of the total obtained by SMA Negeri 10 Palembang with a percentage of 63.20%, the value of each sub-variable of intrinsic and extrinsic interest, namely the intrinsic sub-variable (attention) was obtained for item number 1 obtained a percentage of 74%, for item number 2 a percentage of 58% was obtained, for item number 3 the percentage is 60%, for item number 4 the percentage is 72%, for item number question 5 a percentage is 74%. The intrinsic sub-variable (sense of pleasure) was obtained for item number 6 question number obtained a percentage of 66%, for item number 7 obtained a percentage of 66%.

For item number 8 the percentage is 66%, for item number 9 the percentage is 88%, for item number question 10 a percentage is 82%. The intrinsic (physical) sub-variable (Ryandini & Nurhadi, 2020) was obtained for item number 11 a percentage of 62%, for item number 12 a percentage of 56%, for item number 13 a percentage of 56%, for item number question 14 a percentage of percentage was obtained 60%, for item number 15, a percentage of 62% is obtained. The intrinsic sub-variable (health) was obtained for item number 16 obtained a percentage of 48%, for item number 17 a percentage of 78%, for item number question 18 a percentage of 70%, for item number question 19 a percentage of 54%.

For item number 20, the percentage is 66%. The intrinsic sub-variable (talent) was obtained for item number question 21 obtained a percentage of 62%, for item number question 22 a percentage of 54%, for item number question 23 a percentage of 48%, for item number question 24 a percentage of 54%, for item number question 25 a percentage of 60%.

Extrinsic sub-variables (teacher/trainer) were obtained for item number 26 a percentage of 68%, for item number 27 a percentage of 64%, for item number 28 a percentage of 86%, for item number 29 a percentage of 58%, for item number 30 a

percentage of 44%. Extrinsic sub-variables (facilities) (Cetinkaya, 2019) were obtained for item number 31 a percentage of 54%, for item number 32 a percentage of 52% was obtained, for item number 33 a percentage of 80% was obtained, for item number 34 a percentage of 42% was obtained, for item number 35 a percentage of 88% was obtained. Extrinsic sub-variables (mass media) were obtained for item number 36 a percentage of 60%, for item number 37 a percentage of 44%, for item number 38 a percentage of 76%, for item number 39 a percentage of 50%, for item number 40 a percentage of 66%. The extrinsic sub-variable (community) obtained for item number 41 question number obtained a percentage of 82%, For item number 42 question number obtained a percentage of 62%, for item number 43 a percentage of 76%, for item number 44 a percentage of 82%, for item number question 45 a percentage of 54%. Extrinsic sub-variables (family) obtained for item number 46 obtained a percentage of 62%, for item number question 47 obtained a percentage of 58%, For item number 48 question number obtained a percentage of 36%, for item number 49 obtained a percentage of 48%, for item number 50 obtained a percentage of 72%.

Intrinsic and Extrinsic Interest Data of SMA Negeri 2 Palembang

Of the total obtained by SMA Negeri 2 Palembang with a percentage of 69.12%, the value of each sub-variable of intrinsic and extrinsic interest, namely the intrinsic sub-variable (attention) was obtained for item number 1 obtained a percentage of 94%, for item number 2 a percentage of 66% was obtained, for item number 3 a percentage of 52% was obtained. For item number 4 the percentage is 72%, for item number 5 the percentage is 74%. The intrinsic sub-variable (sense of pleasure) was obtained for item number question 6 obtained a percentage of 82%, for item number question 7 a percentage of 76%, for item number question 8 a percentage of 44%, for item number question 9 a percentage of 94%, for item number question 10 a percentage of 90%.

The intrinsic (physical) sub-variable (Rahmawati & Dahrial, 2023) was obtained for item number 11 a percentage of 84%, for item number 12 a percentage of 82%, for item number 13 a percentage of 80%, for item number 14 a percentage of 58%, for item number 15 a percentage of 74%. The intrinsic sub-variable (health) obtained for item number 16 question number obtained a percentage of 66%, For item number 17 question number obtained a percentage of 98%, for item number 18 a percentage of 82%, for item number 19 a percentage of 42%, for item number question 20 a percentage of 82%. The intrinsic sub-variable (talent) obtained for item number 21 question number obtained a percentage of 64%, For item number 22 question obtained a percentage of 54%, for item number 23 a percentage of 48%, for item number 24 a percentage of 60%, for item number question 25 a percentage of 72%.

Extrinsic sub-variables (teacher/trainer) were obtained for item number 26 a percentage of 84%, for item number 27 a percentage of 70%, for item number 28 a

percentage of 88%, for item number 29 a percentage of 84%, for item number 30 a percentage of 48%. Extrinsic sub-variables (facilities) were obtained for item number 31 a percentage of 76%, for item number 32 a percentage of 66% was obtained, for item number 33 a percentage of 82% was obtained, for item number 34 a percentage of 44% was obtained, for item number 35 a percentage of 88% was obtained.

Extrinsic sub-variables (mass media) were obtained for item number 36 a percentage of 72%, for item number 37 a percentage of 60% was obtained, for item number 38 a percentage of 82%, for item number 39 a percentage of 42% was obtained, for item number question 40 a percentage was obtained 70%. Extrinsic sub-variables (community) were obtained for item number 41 a percentage of 70%, for item number 42 a percentage of 56%, for item number 43 a percentage of 82%, for item number 44 a percentage of 68%, for item number 45 a percentage of 56%.

Extrinsic sub-variables (families) (Islam et. al., 2020) were obtained for item number 46 question number obtained a percentage of 40%, for item number 47 a percentage of 72%, for item number question 48 a percentage of 48%, for item number 49 a percentage of 44%, for item number 50 a percentage of 66% was obtained.

D. Conclusion

Based on the analysis of the results that have been discussed, this study concludes that there is a percentage of students' overall interest in participating in extracurricular basketball at SMA Negeri 1 Palembang, SMA Negeri 10 Palembang, and SMA Negeri 2 Palembang. From SMA Negeri 1 Palembang get overall interest percentage data of 75.84%, for SMA Negeri 10 Palembang get overall interest percentage data of 63.20%, and for SMA Negeri 2 Palembang get overall interest percentage data of 69.12%.

Based on the percentage of overall interest results of each high school that researchers got, the highest overall interest was from SMA Negeri 1 Palembang with 75.84%. Furthermore, below SMA Negeri 1 Palembang there is SMA Negeri 2 Palembang with 69.12%, and finally there is SMA Negeri 10 Palembang with 63.20%. According to researchers, SMA Negeri 1 Palembang is superior to SMA Negeri 10 Palembang and SMA Negeri 2 Palembang, namely because there are several points of the questionnaire item with a high percentage and very strong interest, namely in question point 1 with a percentage of 98%, the purpose of the questionnaire item number 1 is that students of SMA Negeri 1 Palembang pay more attention to learning basketball. Furthermore, question point 10 with a percentage of 96%, the purpose of questionnaire item number 10 is that students of SMA Negeri 1 Palembang feel happy and satisfied when they succeed in practicing techniques in basketball that can make students curious about other techniques that they will try again so that they can be mastered.

For SMA Negeri 2 Palembang, the overall percentage result is 69.12% or below SMA Negeri 1 Palembang, namely because there are several points about the questionnaire items whose percentage is below SMA Negeri 1 Palembang. For example, in question point number 3 whose interest is enough with a percentage of 52%, the purpose of questionnaire item number 3 is that students of SMA Negeri 2 Palembang only some of their student's pay attention to basketball games on television, it makes only some serious in participating in extracurricular basketball. Next in question point number 27 with a percentage of 70%, For SMA Negeri 2 Palembang, the overall percentage result is 69.12% or below SMA Negeri 1 Palembang, namely because there are several points about the questionnaire items whose percentage is below SMA Negeri 1 Palembang. For example, in question point number 3 whose interest is enough with a percentage of 52%, the purpose of questionnaire item number 3 is that students of SMA Negeri 2 Palembang only some of their student's pay attention to basketball games on television, it makes only some serious in participating in extracurricular basketball. Next in question point number 27 with a percentage of 70%, The purpose of questionnaire item number 27 is that students of SMA Negeri 2 Palembang when carrying out extracurricular basketball at school, the coach is present and sometimes several days are not present during training sessions which makes students' interest decrease. The last is for SMA Negeri 10 Palembang whose overall percentage results are 63.20% or the lowest of SMA Negeri 1 Palembang and SMA Negeri 2 Palembang, namely because there are several points about questionnaire items whose percentage is below SMA Negeri 1 Palembang and SMA Negeri 2 Palembang.

For example, in question point number 48 with a percentage of 36% whose interest is weak, the purpose of questionnaire item number 48 is that students of SMA Negeri 10 Palembang are almost rarely invited to play basketball with their parents or taught basic techniques that make students lacking in basketball fundamentals. Furthermore, in question point number 20 with a percentage of 66%, the purpose of questionnaire item number 20 is that students of SMA Negeri 10 Palembang when carrying out extracurricular basketball at school, the burden of their minds does not subside or disappear due to students who are less interested in basketball or because of heavy training which can actually make it increase the burden on students' minds.

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