

Analysis of Student's Interest Following Passing Material on Futsal Extracurricular at SMP Negeri 03 Muaradua Kisam

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Abstract: Futsal is a team sport where each team has 5 players. There are so many factors that affect students' interest in futsal sports such as factors from within themselves and from outside themselves in the form of encouragement from the closest people, as well as the environment. This study aims to determine the extent of students' interest in participating in extracurricular futsal at SMPN 03 Muaradua Kisam. This research is quantitative descriptive research with a questionnaire approach. The population in this study was all futsal extracurricular students, while sampling in this study was by using the Saturated sampling method, where all members of the population were used as samples, totaling 30 people. The analysis technique in this study is a descriptive analysis technique with a quantitative approach, then the research data is analyzed by statistical methods, while the calculation of questionnaire data uses percentages with tables and graphs. From the results of the research that has been done, it can be concluded that the interest of students in participating in extracurricular futsal at SMPN 03 Muaradua Kisam from a population of 30 students who got Very High scores amounted to 16 students with a percentage (53%), High scores amounted to 10 students with a percentage (33%), Medium grades amounted to 2 students with a percentage (7%), Low grades amounted to 1 student (3%), Very Low student grades amounted to 1 student with a percentage (3%).

Keywords: Extracurricular, Futsal, Interest, Passing

A. Introduction

Sports activities are very important for the human body, not only make the body healthier but by doing sports activities it is also very functional to grow, encourage, and further develop the physical, spiritual, and social potential that exists in each individual. Sports have various purposes according to the type of exercise performed, but sports in general include maintaining and improving health, increasing human preferences for sports as recreation and maintaining and improving sports achievements as high as possible.

From this explanation, for an athlete, achievement is the ultimate goal of all the efforts he makes. This is stated in one of the four basic goals that humans aim to do sports, namely: those who do sports for certain achievement goals, (Sajoto, 1995). However, achieving achievements is not easy, it takes maximum effort to achieve these achievements. Therefore, in order to improve sports achievements, it is necessary to coach and develop sportsmen in a planned, tiered and sustainable manner. One of the places students do this sports activity at school, where they study, and do sports activities outside school hours is by doing extracurricular activities.

According to the Regulation of the Minister of Education and Culture of the Republic of Indonesia Number 62 of 2014 article 1 concerning extracurricular activities explains that curricular activities carried out by students outside of study hours and under the guidance or supervision of educational units (Kemendikbud, 2014). Extracurricular sports are one of the activities at school as a vehicle to accommodate, channel, and nurture students' interests, talents, and hobbies in sports. Sports extracurricular activities can make students deepen and expand knowledge related to sports physical education subjects. Extracurricular or often referred to as extracurricular is an additional activity carried out outside of class hours which aims to increase knowledge, skills, and insights as well as a place to shape the character of students according to their respective interests and talents.

According to Mailani, (2016) extracurricular sports activities carried out by the school aim to fill spare time and find students who are talented in sports by participating in extracurricular activities can help increase student growth and development, as well as students can also deepen and expand knowledge related to the skills of each sport. There are many extracurricular activities at school such as basketball, football, pencak silat, scouts, futsal and others, (Suryadi & Rubiyatno, 2022).

Slameto, (2015) Interest is not only appreciated through statements that show that students prefer something over others, but can also be implemented through active participation in an activity. Interest directs someone towards an object based on pleasure or displeasure according to (Rahmat, 2018).

Interest is one element of personality that plays a very important role in making future decisions, interest directs individuals towards an object on the basis of pleasure or displeasure (Siagian, 2015). This interest can increase to be greater if the relationship gets stronger and closer (Nevizond, 2007). Interest is a fixed process used for the purpose of paying attention and focusing on something that is interested in feelings of pleasure and satisfaction (Hikma et al., 2022).

In general, factors that influence a person's interest in an object consist of internal factors or originating from within a person and external factors originating from a person. By looking directly at the field when learning is carried out, Student involvement to carry out learning is given by the teacher so that it looks cheerful, happy, excited and as well as excessive pleasure. Interest arises from within a person to pay attention or receive something without anyone telling and something is considered important or useful for him.

Factors that influence interest according to there are two factors that affect a person's interest, namely: 1) factors from within (intrinsic) are factors that come from within the individual concerned. Such as a sense of interest, attention, and health. The following is an explanation of these intrinsic factors: (a) feelings of pleasure or attraction (b) attention (c) caring. 2) external (extrinsic) factors, namely factors that come from outside the individual concerned. Such as the environment and parents. The following is an explanation of these extrinsic factors: (a) environmental factors; (b) parents; (c) school (d) family.

Interest according to Muhibbin (2018) is a high tendency and passion or great desire for something. Interest is the state of being attracted to something from the outside. Interest is individual, meaning there is no element of coercion from inside or outside. Interest is a feeling that tends to prefer or a sense of attachment to something or activity, without any coercion from anywhere. True interest is the acceptance of a relationship between oneself and something outside oneself. The stronger or closer the relationship, the greater.

Beni futsal is a ball game played by two teams; each team consists of five people. The objective in this game is to put the ball into the opponent's goal, by manipulating the ball using the feet (Badrin, 2017). In general, futsal is almost similar to soccer, it's just that in futsal each team only consists of five players (Nopiyanto & Raibowo, 2020).

Riyadi (2013) explained that futsal is an activity of two teams with five players, with a very fast game and predetermined rules with the aim of scoring goals against their opponents. In addition, (Rahmani, 2014) argues that futsal is a sport played by two opposing teams, it's just that in futsal each team consists of five people. In addition, futsal is generally played indoor.

Futsal is a form of soccer game played indoors, with teams of only 5 people with techniques and ways to play faster than soccer. Futsal is one of the sports that is well known and favored by almost all levels of Indonesian society both in cities and villages, from children to the elderly. However, futsal games are mostly played by teenagers to adults (Penjasorkes, 2020).

Futsal is also a sport that can be enjoyed by many people because futsal is a miniature of soccer and can be done in a relatively smaller room so that many levels of society prefer futsal over soccer because this sport is easy to play and does not require a large field. Likewise, in PE learning, many teachers replace soccer material with futsal due to limited facilities and infrastructure (Tri et al., 2019).

Passing is a basic skill in futsal because a player must be able to pass in any condition whether moving, standing, or preparing to make a shot. When players are able and master the ability to pass well and effectively, a player will have a big influence in a club in doing futsal games (Iskandar & Bobby, 2018).

According to Justinus Lhaksana "passing is one of the basic futsal techniques that every player needs". On a flat field and a small field size, hard and accurate passing is needed because the ball that slides parallel to the player's heel (Laksana, 2015). This is due to almost all futsal games using passing. Meanwhile, according to passing is a basic technique that is very important in a team because with passing team cohesiveness can be intertwined, with good passing a player will be able to run into open spaces and control the game when building an attack strategy (Syukur & Soniawan, 2015).

Irawan (2009) states passing is one of the basic techniques of futsal games that is needed by every player, because with a flat field and small field size, hard and strong passing is needed because the ball slides parallel to the player's heel, because almost throughout the futsal game using passing requires mastery of movement so that the desired target is achieved (Irawan, 2009).

B. Methods

This research uses quantitative descriptive method. Quantitative research method is a research method based on the philosophy of positivism, used to examine certain populations and samples (Sugiyono, 2013), data collection using research instruments, quantitative/statistical data analysis, this research is carried out using questionnaire/questionnaire studies. The population in this study was all futsal extracurricular students at SMPN 03 Muaradua Kisam, while the sampling in this study was by using the Saturated, where all members of the population were sampled, totaling 30 people. The analysis technique in this study is a descriptive analysis technique with a quantitative approach, then the research data is analyzed by statistical methods, while the calculation of questionnaire data uses percentages with tables and graphs.

C. Results and Discussion

Intrinsic Factors of Student Interest Following Passing Material

Based on the results of the calculation data that has been done, a table can be made of frequency distribution of intrinsic factors of student interest following the passing material in futsal extracurricular at SMPN 03 Muaradua Kisam, as in the table.

Table 1. Intrinsic Frequency Distribution of Student Interest Following Passing Material in Futsal Extracurricular at SMPN 03 Muaradua Kisam

Category	Interval	Frequency	Percentage (%)
Very Hight	68-74	23	77%
Hight	61-67	5	17%
Medium	54-60	1	3%
Low	47-53	1	3%
Very Low	40-46	0	%
Sum		30	100%

Based on the table above, it can be explained that of the 30 students who got very high scores totaling 23 students (77%), high scores totaling 5 students (17%), medium grades totaling 1 student (3%), low grades totaling 1 (3%), very low scores totaling 0 student (0%).

Extrinsic Factors of Student Interest Following Passing Material

Based on the results of the calculation data that has been done, a table can be made of the frequency distribution of extrinsic factors of student interest following the passing material on futsal extracurricular at SMPN 03 Muaradua Kisam, as in the table below.

Table 2. Extrinsic Frequency Distribution of Student Interest Following Passing Material in Futsal Extracurricular Activities at SMPN 03 Muaradua Kisam

Category	Interval	Frequency	Percentage (%)
Very Hight	55-61	17	57%
Hight	48-58	12	40%
Medium	41-47	1	3%
Low	38-40	0	0%
Very Low	27-33	0	0%
Sum		30	100%

Based on the table above, it can be explained that of the 30 students who scored Very High there were 17 students (57%), High scores amounted to 12 students (40%), Medium grades amounted to 1 student (3%), Low grades amounted to 0 (0%), Very Low scores amounted to 0 students (0%).

Student interest in participating in extracurricular futsal

Based on the results of the calculation data that has been done, a frequency distribution table and a combined score category of passing material data on futsal extracurricular at SMPN 03 Muaradua Kisam, as in the table below.

Table 3. Frequency Distribution of Student Interest in Passing Material in Futsal Extracurricular at SMPN 03 Muaradua Kisam

Category	Interval	Frequency	Percentage (%)
Very Hight	124-130	16	53%
Hight	117-123	10	33%
Medium	110-116	2	7%
Low	103-109	1	3%
Very Low	96-102	1	3%
Sum		30	100%

Based on the table above, it can be explained that of the 30 students who got very high scores amounted to 16 students (53%), high scores amounted to 10 students (33%), medium grades amounted to 2 students (7%), low grades amounted to 1 (3%), very low scores amounted to 1 student (3%).

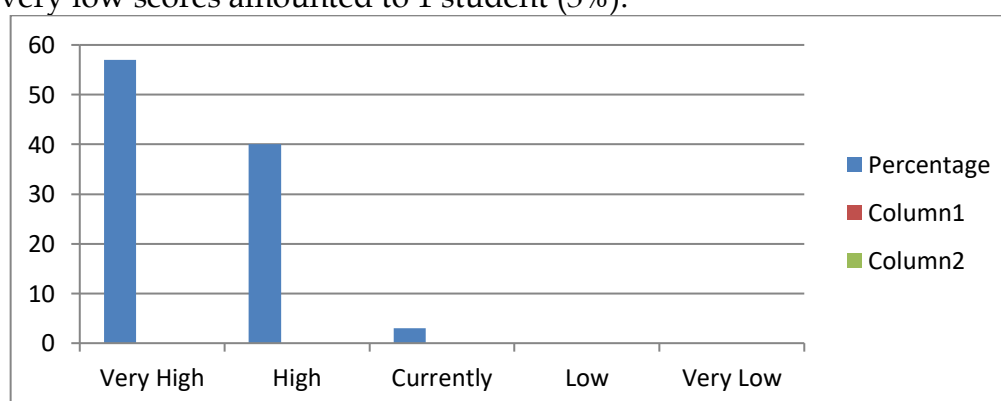


Figure 1. Diagram of Student Interest in Following Passing Material on Futsal Extracurricular at SMPN 03 Muaradua Kisam

With these results, it was concluded that students' interest in participating in futsal extracurricular activities was very strong, this was due to a lot of support from various parties related to futsal extracurricular activities such as the school, teachers

or coaches, as well as the parents of the students themselves. With this condition, it indicates that the interest factor of the student is very high and students can continue futsal extracurricular activities. If the interest is increased again, students will always be enthusiastic in participating in futsal extracurricular activities. Children who are still young, still need to be interested in their means of movement because the child's psychology is still unstable.

Based on these findings, it was found that student interest is divided into two factors, namely intrinsic and extrinsic factors, intrinsic factors such as experience needs, interest, comfort, attention. Extrinsic factors. Such as infrastructure, activities, maintaining health, improving body fitness, and the desire to have an ideal posture, The environment/encouragement from the closest person is quite influential on students' choices in choosing futsal extracurriculars. Interest which can be interpreted as a sense of liking, pleasure, desire to learn and want to know voluntarily, is also quite influential in students' interest in choosing and participating in futsal extracurricular activities.

The results of this study show that in the high category, this is in line with previous research that has been conducted by other researchers, namely students' interest in participating in futsal extracurricular activities which are also influenced by various factors such as internal and external factors. The results of the study also show that many factors that influence students' interest in extracurricular futsal such as can make the body fitter and healthier (Rochmadhona & Kurniawan 2021).

In the next study, it explained that students' interest in participating in futsal sports was included in the medium category which was influenced by various factors and goals such as wanting to achieve (Ridwansyah, 2021). Where it was found that student interest was classified into a high category, students felt happy with the provision of complete and adequate facilities and infrastructure, these factors also greatly influenced student interest in participating in extracurricular activities.

Interest in a person in principle can be divided into two types, namely, interest derived from innate (intrinsic) and interest arising from external influences (extrinsic), First, interest that comes from innateness, arises by itself from each individual, this is usually influenced by heredity or natural talent. Both interests arise due to influences from outside the individual, arise along with the process of development of the individual concerned.

Futsal is a team or team sport that each consists of 5 players and has the aim of scoring goals against the opponent, futsal itself is a fast game sport so there are many complex factors in it, among them are physical, tactical, strategic and mental

factors, these factors are the basis for playing futsal. Futsal is a global sport and is very familiar in the lives of Indonesian people.

Passing is one of the basic futsal techniques that is needed for every player. Fast passing is needed on a flat field and small field size. The ball will slide parallel to the player's heel because almost all futsal games use passing. Place the fulcrum foot next to the ball, one foot kicks the ball with the inside foot. Strengthen the heel so as not to touch the ball. In order not to bounce, wear your feet in the middle of the ball while pressing down the ball will be horizontal. Passing skills are very necessary, therefore basic mastery is needed in order to play well.

Similarly, Pardiman (2022), also believes that passing is one of the basic futsal techniques that every player needs. Based on the description above, it can be concluded that passing is a basic technique that is very important and must be mastered by every futsal player. Passing is a technique of passing the ball as effectively as possible using the foot which aims to move the ball from one place to another to teammates who are in an empty place from the opponent's escort and if the player who has made the pass must place himself or find an empty space to receive the pass back.

D. Conclusion

From the results of this study, it can be concluded that students' interest in following passing material in extracurricular futsal at SMPN 03 Muaradua Kisam is included in the high category, This was obtained based on the results of research in which students were very enthusiastic about participating in futsal extracurricular activities then with the support of the school as a provider of facilities and infrastructure and also based on observations made that the activities had been carried out well.

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